TAYLORVILLE MEMORIAL HOSPITAL
Community Health Need Assessment Implementation Strategy
FY17 October 1, 2016 – September 30, 2017

Final Outcomes FY2017

Memorial Health System is a not-for-profit healthcare organization located in central Illinois. It includes four hospitals: Memorial Medical Center in Sangamon County, Taylorville Memorial Hospital in Christian County, Abraham Lincoln Memorial Hospital in Logan County, and Passavant Area Hospital in Morgan County. Memorial Health System also includes Mental Health Centers of Central Illinois, Memorial Physician Services and Memorial Home Services.

Community health need assessments were completed in 2015 in each of the counties where the hospitals are located. These needs assessments meet the federal health reform’s Section 9007 of the Patient Protection and Affordable Care Act of March 2010 and requirements of the IRS 990 Schedule H report.

Taylorville Memorial Hospital – Christian County, Illinois
Taylorville Memorial Hospital (TMH) is a not-for-profit 25-bed rural critical access hospital located in Taylorville, Ill., approximately 27 miles southeast of the state capitol of Springfield. TMH is one of two hospitals in the primary service area of Christian County (pop. 34,800). The other, Pana Community Hospital, is a critical access facility in the southeast corner of the county. The majority of the patients served by TMH come from Christian County, where the hospital focuses the majority of our community outreach efforts and health improvement initiatives. Christian County’s race/ethnicity includes 96.3% white, 2.1% black, and 1.6% other. The median household income is $45,334. The county has an aging population: persons age 65 and older make up 17.2% of Christian County’s population, vs. 13.5 % for the state of Illinois. 14.6% of all people live below the federal poverty level, including 21.9% of children and 7.8% of seniors. Christian County has nine medically underserved areas. In FY2016, 2.2% of the patients served at TMH received uninsured/underinsured charity care assistance; 20.3% of the patients were on Medicaid and 52.5% were covered by Medicare.
Identified Priority Health Needs
The community health need assessment was carried out in conjunction with Christian County Health Department’s IPLAN (Illinois Project for Local Assessment of Needs). IPLAN is required of public health departments by the Illinois Department of Public Health. During the 2015 community health need assessment process, the community identified the following priority health needs:
1. Access to mental health services
2. Access to pediatric dental services
3. Obesity
4. Heart disease
5. Lung Cancer
6. Colorectal cancer
7. Diabetes
8. Breast cancer

Memorial Health System hospitals used the following defined criteria to select final CHNA priorities:
- Triple Aim – improve individual or population health or reduce health care costs
- Magnitude – how many people are affected
- Seriousness – whether the issue contributes to death, disability
- Feasibility – whether we can do something about it

Priorities Not Selected: Christian County
- Heart disease and diabetes were eliminated from further consideration because the advisory group members felt that efforts to improve treatment of obesity would also impact the incidence and morbidity of heart disease and diabetes.
- Lung cancer was not chosen because, although it was ranked as a high priority by the advisory group, it was perceived by the advisory group that there would be little opportunity to make additional impact beyond what is already being done by the Christian County Health Department.
- Colon Cancer was not chosen because it consistently ranked as a lower priority among the advisory group members. The hospital currently offers advanced colonoscopy services, and annual colorectal cancer education for the community.
- Breast Cancer was not chosen because it was ranked as a lower priority among the advisory group members. Free mammograms are available to low income women who qualify for the Illinois Breast and Cervical Cancer program and the CUPS for the Cure fund at Taylorville Memorial Hospital is also available to off-set costs of mammography for other women.

Final Selected Priorities: Christian County
The external advisory group, including representatives from public health, social services organizations and those offering care underserved populations, as well as recommendations from the Memorial Health System Internal Advisory Team, three final priorities were selected:
1. Obesity
2. Mental Health
3. Pediatric dental care

Implementation Strategy Changes from FY2016 TO FY2017
For FY2017, TMH has broadened the priority of Pediatric Dental Care to a broader definition of Access to Care. During FY16, four physicians and two mid-level providers retired or relocated their practices from Taylorville, resulting in a loss of nearly half the community’s primary care physicians. TMH is adding a priority to address Access to Care, and pediatric dental services will be included as an objective within that priority. The Christian County CHNA Advisory Committee supports this decision, and it has been approved by the TMH board.

An additional FY2017 goal under Access to Care includes collaboration with the Christian County Coalition to develop an action plan to address tobacco, alcohol and other drug use by youth in Christian County.

Under the Obesity strategy, TMH has added a goal to collaborate with the Christian County YMCA to conduct a feasibility study for implementing the Center for Disease Control’s National Diabetes Prevention Program.
### Taylorville Memorial Hospital FY2017 Implementation Strategy Final Outcomes

#### PRIORITY: OBESITY

Reasons for priority selection:
Taylorville Memorial Hospital’s 2015 community health need assessment identified obesity as a top priority through its data collection and analysis and community advisory group.

30.5 percent of Christian County adults are obese. Source: Illinois Behavioral Risk Factor Surveillance System. The percentage has increased from 25.7 percent in 2001.
Healthy People 2020 reports a current percentage of 33.9 percent of persons aged 20 years and older were obese in 2005-2008. The Healthy People 2020 target is 30.5%.

### Objective 1: Conduct a feasibility study regarding the creation of the Memorial Weight Loss and Wellness Center (MWLWC) program in Christian County

<table>
<thead>
<tr>
<th>Target Population</th>
<th>Adults who are overweight who live in Christian County</th>
</tr>
</thead>
<tbody>
<tr>
<td>Goal</td>
<td>Expand access to the Memorial Weight Loss and Wellness Center by developing a strategy to implement the program at Taylorville Memorial Hospital in Christian County.</td>
</tr>
</tbody>
</table>

Strategy Selected:
Healthy People 2020 goals highlight the need for increased intervention by physicians with patients in the areas of nutrition and weight status (NWS).

- NWS-6.1: Increase the proportion of physician office visits made by patients with a diagnosis of cardiovascular disease, diabetes, or hyperlipidemia that include counseling or education related to diet and nutrition. (Baseline: 20.8 percent of physician visits in 2007; Target = 22.9 percent/10 percent improvement)
- NWS-6.2: Increase the proportion of physician office visits made by adult patients who are obese that include counseling or education related to weight reduction, nutrition or physical activity. (Baseline: 28.9 percent of physician visits in 2007; Target = 31.8 percent/10 percent improvement)

Memorial’s Weight Loss and Wellness Center is based on the nationally recognized, evidence-based model of Geisinger Health System. Memorial’s program includes a medical (non-surgical) weight loss program; accredited bariatric surgery program; diabetes services; outpatient nutrition services; and fitness. It provides physicians a comprehensive resource to refer their patients to for individualized counseling and education. There is no other program offering this specialized approach in central Illinois.

Programs/resources hospital will commit:
Taylorville Memorial Hospital will provide leadership to assess expansion of the program, the facility for the program, staffing, training and financial support.

Collaborative partners:
Memorial Medical Center, Springfield Clinic, Christian County YMCA

<table>
<thead>
<tr>
<th>Activity</th>
<th>Timeline</th>
<th>Anticipated Results</th>
<th>FY17 Final Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. TMH will collaborate with MWLWC to complete a feasibility study for MWLWC at TMH</td>
<td>3/2017</td>
<td>Decision will be made if MHS will develop MWLWC at TMH</td>
<td>Although the feasibility study concluded that MWLWC was not a fit for TMH at this time, the decision made in Q1 to implement the Diabetes Self-Management Education program.</td>
</tr>
<tr>
<td>2. Implement selected MWLWC services as indicated by the study and as staffing allows</td>
<td>9/2017</td>
<td>Implement services as study indicates and as staffing allows</td>
<td>Diabetes Self-Management Education program began Feb 2017; 6 classes conducted in FY17</td>
</tr>
</tbody>
</table>

MEASURES: What will we measure to know the program is making a difference?

**Short term indicators & source**
Decision is made if MHS will develop MWLWC at TMH.

**Long term indicators & source**
Action plan to implement obesity treatment strategy established (FY17)

**Objective 2: Support the Girls on the Run of Central Illinois**

<table>
<thead>
<tr>
<th>Target Population</th>
<th>Goal</th>
<th>Strategy Selected</th>
</tr>
</thead>
<tbody>
<tr>
<td>Girls in grades 3-8 and their families in Christian County</td>
<td>The goal of the program is to unleash confidence through accomplishment while establishing a lifetime appreciation of health and fitness.</td>
<td></td>
</tr>
</tbody>
</table>
Childhood obesity has both immediate and long-term health impacts. Children and adolescents who are obese are at greater risk for bone and joint problems, sleep apnea, and are more likely than normal weight peers to be teased and stigmatized which can lead to poor self-esteem. Overweight and obese youth are more likely than normal weight peers to be overweight or obese adults and are therefore at risk for the associated adult health problems, including heart disease, type 2 diabetes, stroke, several types of cancer, and osteoarthritis. Childhood obesity has more than tripled in the past thirty years. Healthy eating and regular physical activity can lower the risk of becoming obese. Taylorville Memorial Hospital will support the Girls on the Run program, a transformational, physical activity based youth development program for girls in grades 3-8. The goal of the program is to unleash confidence through accomplishment while establishing a lifetime appreciation of health and fitness.

**Programs/resources hospital will commit:**
Taylorville Memorial Hospital will provide financial support.

**Collaborative Partners:**
Girls on the Run, Taylorville School District and other participating schools.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Timeline</th>
<th>Anticipated Results</th>
<th>FY17 Final Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Monetary Donation</td>
<td>FY 2017</td>
<td>TMH’s support will assist growth of Girls on the Run in Christian County.</td>
<td>Provided $1000 assistance to support scholarships for program participation for girls who need financial assistance with program fees.</td>
</tr>
<tr>
<td>2. Outreach to potential school and host sites in collaboration with Girls on the Run program representatives to identify new sites or opportunities for program growth as requested by Girls on the run program staff.</td>
<td>FY 2017</td>
<td>Maintain participation in Christian County schools during the 2016-2017 school year.</td>
<td>Christian County schools have continued to participate.</td>
</tr>
</tbody>
</table>

**MEASURES:** What will we measure to know the program is making a difference?

**Short term indicators & source**
As a result of the Girls on the Run program season and 5k race event, 75% or more of GOTR participants and their families will report that the program positively impacted their attitude toward exercise. Measurement: Girls on the Run survey of participants and their families.

2016-2017 School Year:
Fall = 88%
Spring = 82%
### Long term indicators & source

| Growth of the Girls on the Run program in Christian County to additional schools, as measured by Girls on the Run | To be determined |

### Objective 3: Investigate the feasibility of partnering with the Christian County YMCA to implement the Center for Disease Control’s National Diabetes Prevention Program (DPP).

<table>
<thead>
<tr>
<th>Target audience:</th>
<th>Residents of Christian County</th>
</tr>
</thead>
<tbody>
<tr>
<td>Goal:</td>
<td>Reduce cost of healthcare and lower incidence of type 2 diabetes</td>
</tr>
</tbody>
</table>

**Strategy Selected:** There are many risk factors for type 2 diabetes, however the single best indicator of type 2 diabetes is overweight or obesity. Almost 90% of people living with type 2 diabetes are overweight or have obesity. People who are overweight or have obesity have added pressure on their body’s ability to use insulin to properly control blood sugar levels, and are therefore more likely to develop diabetes. The number of diabetes cases among American adults increased by a third during the 1990s. This rapid increase in the occurrence of diabetes is mostly attributed to the growing prevalence of obesity in the United States. The CDC-led National Diabetes Prevention Program is an evidence-based lifestyle change program for preventing type 2 diabetes. The year-long program helps participants make real lifestyle changes such as eating healthier, including physical activity into their daily lives, and improving problem-solving and coping skills. This proven program can help people with prediabetes and/or at risk for type 2 diabetes make achievable and realistic lifestyle changes and cut their risk of developing type 2 diabetes by 58 percent.

**Program/resources hospital will commit to:** Commit to conducting a feasibility study for implementing the program in Christian County.

**Collaborative partners:** Christian County YMCA

<table>
<thead>
<tr>
<th>Activity</th>
<th>Timeline</th>
<th>Anticipated Results</th>
<th>FY17 Final Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. TMH and Taylorville YMCA will collaborate with Springfield YMCA to complete a feasibility study</td>
<td>12/2016</td>
<td>Decision will be made if TMH and YMCA will develop DPP at Taylorville.</td>
<td>Feasibility study was completed and work to implement the program is proceeding. TMH is the primary preferred collaborator with Taylorville YMCA in their application to become a CDC certified Diabetes Prevention Program</td>
</tr>
<tr>
<td>2. Implement program as indicated by the study</td>
<td>3/2017</td>
<td>Implement program as indicated by study</td>
<td>Implementation plan is under development by Taylorville YMCA with anticipated program start in 2018.</td>
</tr>
</tbody>
</table>

**MEASURES:** What will we measure to know the program is making a difference?
Short term indicators & source | To implement the DPP program | Program anticipated to start in 2018
---|---|---
Long term indicators & source | Program participants demonstrate documented lifestyle changes. | To be determined.

**PRIORITY: MENTAL HEALTH**

**Reasons for priority selection**
Mental Health was identified by the community as the top priority in the community health need assessment. Community data shows very high rates of emergency department utilization and hospitalization for both adult and pediatric populations.

Healthy People 2020 goals for Mental Health & Mental Disorders (MHMD)
- MDHD-6 Increase the proportion of children with mental health problems who receive treatment
- MDHD-9 Increase the proportion of adults with mental health disorders who receive treatment
- MDHD-10 Increase the proportion of persons with co-occurring substance abuse and mental disorders who receive treatment for both disorders

**Objective 1: Implement Mental Health First Aid training in Christian County.**

**Target Population** | Community at large
---|---
**Goal** | Step in early to stop the trajectory of issues that lead to mental health issues and the need for psychiatric intervention by providing community education to improve mental health literacy, early identification, peer intervention, and referral of community members to available resources if needed.

**Strategy Selected:**
Mental Health First Aid (MHFA) is an evidence-based program that offers a five-day intensive training session to community members to become certified MHFA trainers. These certified trainers in turn go out in the community to provide an eight-hour education session to community members such as teachers, police, first responders, churches, youth leaders and others to teach them how to identify mental health issues, how to refer people to resources, and encourage community support of those struggling with issues that may contribute to mental illness. The Substance Abuse and Mental Health Services Administration (SAMHSA), the federal agency that leads public health efforts to advance the behavioral health of the nation, endorses MHFA and recently established grant funding for MHFA as part of the President’s initiative to increase access to mental health services. MHFA is on the National Registry of Evidence Based Practices (NREPP). All interventions on the registry have been independently assessed and rated for quality of research and readiness for dissemination. MHFA has been shown to increase understanding of mental health disorders, knowledge of available resources, and confidence in and likelihood to help an individual in distress.
Commitment of Resources: Memorial Medical Center committed funding in FY16 to bring trainers from the national program to Springfield to train up to 30 local community members in Mental Health First Aid, and additional training for certification in Youth Mental Health First Aid. Memorial paid for the tuition fee for attendees from Sangamon, Logan, and Morgan and Christian counties and provided the conference center and promotion of the event. In FY17-FY18, Memorial commits to funding Memorial Behavioral Health to provide ongoing coordination of the program. Every MHS hospitals commits to promoting the program within their local communities.

Collaborative Partners: Memorial Behavioral Health, Memorial Medical Center, Abraham Lincoln Memorial Hospital, Passavant Area Hospital, Taylorville Memorial Hospital, SIU School of Medicine, local school districts, area social service providers and University of Illinois Springfield. For Christina County agencies sending a staff member to receive MHFA/YMFA training include: TMH, Christian County Mental Health and First Presbyterian Church

<table>
<thead>
<tr>
<th>Activity</th>
<th>Timeline</th>
<th>Anticipated Results</th>
<th>FY17 Final Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. MHFA Coordinator will develop an ongoing list of community partners and agencies to receive training</td>
<td>9/2017</td>
<td>Certified MHFA instructors have a list of potential audiences in each community to teach a MHFA course.</td>
<td>List was created and distributed.</td>
</tr>
<tr>
<td>2. Explore development of a private communication portal for certified MHFA instructors to provide communication about training opportunities, coordinate distribution of training materials, and provide a way to collect data and measures from the instructors.</td>
<td>12/2016</td>
<td>A methodology is in place for certified MHFA instructors to report upcoming courses, request a course training partner, report tracking data and share their experiences.</td>
<td>Goal met. Memorial Behavioral Health website is available for instructors to track data and classes.</td>
</tr>
<tr>
<td>3. Promote the program to communities in Christian county</td>
<td>9/2017</td>
<td>TMH in collaboration with Memorial Behavioral Health has a localized communication plan for the hospital to create awareness of and promote available MHFA courses.</td>
<td>Advertising was done in local newspapers, social media, radio, TMH staff, local community groups</td>
</tr>
<tr>
<td>4. Hold at minimum two MHFA community trainings by certified MHFA instructors in Christian county</td>
<td>9/2017</td>
<td>Increase number of individuals in each community trained as mental health first aiders.</td>
<td>Five MHFA community trainings were held in Q1-Q4, with 76 people completing the course.</td>
</tr>
</tbody>
</table>

MEASURES: What will we measure to know the program is making a difference?
### Short term indicators & source
- Number of individuals becoming certified trainers from MHS sponsored certification training
- Number of MHS sponsored community training events
- Number of community members trained as mental health first aiders
- Source: MHFA data collection tool

### Long term indicators & source
- Among instructors and first aiders, increases in: mental health literacy, awareness of available resources, and confidence in assisting individuals in distress
- Source: Survey of community members trained as instructors and first aiders.

### Objective 2: Sponsor Senior Life Solutions

<table>
<thead>
<tr>
<th>Target Population</th>
<th>Medicare patients dealing with mental health issues such as anxiety and depression</th>
</tr>
</thead>
<tbody>
<tr>
<td>Goal</td>
<td>Provide participants of the program with mental health counseling and support, as well as coping mechanisms to better prepare them to adjust to the effects of anxiety and depression in the senior population</td>
</tr>
</tbody>
</table>

**Strategy Selected:**
According to the National Co-morbidity Survey of mental health disorders, people over the age of 60 have lower rates of depression than the general population — 10.7 percent in people over the age of 60. However, the rate in Christian County is 18.3%, as measured in 2012 by the Centers for Medicare and Medicaid Services. Additionally, CMMS estimates that depression in older adults occurs in 25 percent of those with other illnesses, including: arthritis, cancer, cardiovascular disease, chronic lung disease, and stroke.

Taylorville Memorial Hospital’s Senior Life Solutions will provide group mental health therapy and support by developing individualized patient care plans and goals under the direction of a clinical psychiatrist. Group therapy will be provided with a multi-disciplinary approach supported by the Christian County Mental Health Association and the Taylorville Memorial Hospital clinical nursing team.

**Programs/resources hospital will commit:**
Taylorville Memorial Hospital will provide staffing, the facility for the program, program promotion and financial support.

**Collaborative partners:**
Christian County Mental Health Association

<table>
<thead>
<tr>
<th>Activity</th>
<th>Timeline</th>
<th>Anticipated Results</th>
<th>FY17 Final Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PRIORITY: ACCESS TO CARE</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>--------------------------</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| Reasons for priority selection | Taylorville Memorial Hospital’s 2015 community health need assessment identified access to care as a top priority through its data collection and analysis, community survey, and community advisory group. It was ranked as the top priority in the community survey with access to pediatric dental care as a top priority through its data collection and analysis and community advisory group.  
  
  According to the 2015 data by County Health Rankings, the ratio of population to providers for Dentists in Christian County is 4287:1, compared to the Illinois average of 1453:1. The external advisory group which included representatives from Christian County schools and the health department stressed the difficulty in Christian County for children to receive needed dental care services, especially for low income children.  
  
  Between October 2015 and July 2016 four primary care physicians and two mid-level providers in Taylorville have retired or discontinued their practice in Christian County. This is a loss of roughly half of the primary care providers for our community. Access to Care has been added as a priority in FY17, with Pediatric Dental Care an objective under this priority. |

<table>
<thead>
<tr>
<th>Objective 1: Assemble a pediatric work group, start dialog, and explore options regarding the creation of a pediatric dental program in Christian County</th>
</tr>
</thead>
<tbody>
<tr>
<td>Target Population</td>
</tr>
</tbody>
</table>
Goal: Increase the availability of pediatric dental care by developing a strategy to implement a pediatric dental program in Christian County.

Strategy Selected:
Oral health has been shown to impact overall health and well-being. Tooth decay is the most prevalent chronic infectious disease affecting children in the U.S. and impacts more than a quarter of children ages 2 to 5 and more than half of children ages 12 to 15. Given serious health consequences, it is important to maintain good oral health. It is recommended that adults and children see a dentist on a regular basis.

Healthy People 2020 Oral Health (OH) Objectives Include:
- OH-1 Reduce the proportion of children and adolescents who have dental caries experience in their primary or permanent teeth.
- OH-2 Reduce the proportion of children and adolescents with untreated dental decay.
- OH-7 Increase the proportion of children, adolescents and adults who used the oral health care system in the past year.

Taylorville Memorial Hospital will assemble a pediatric work group consisting of TMH staff, local dentists, school officials, and the Christian County Department of Public Health staff to explore options regarding the creation of a pediatric dental program in Christian County. This work group will specifically start a dialog on the feasibility of providing transportation of school children to local dentist offices.

Programs/resources hospital will commit:
Taylorville Memorial Hospital will provide leadership and organization of the pediatric dental work group and provide the meeting space for this group.

Collaborative partners:
Christian County Department of Public Health, Taylorville Community School District, local dentists

<table>
<thead>
<tr>
<th>Activity</th>
<th>Timeline</th>
<th>Anticipated Results</th>
<th>FY17 Final Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Taylorville Memorial Hospital will assemble a pediatric dental work group to begin the dialog and explore options on starting a pediatric dental program in Christian County</td>
<td>03/17</td>
<td>Continue to develop and update action plan.</td>
<td>Dental work group includes Rev. Kerns, Dr. Lewis and Dr. Harmon (Central Illinois Smiles), Dr. Trost (Miles of Smiles) and Raedena Ryan, TMH Foundation.</td>
</tr>
</tbody>
</table>

MEASURES: What will we measure to know the program is making a difference?

Short term indicators & source | Decision is made if it is feasible to begin a pediatric dental program in Christian County | Decision was made that Central Illinois Smiles will accept six referrals. Transportation is provided by |
Taylorville Memorial Hospital FY2017 CHNA Implementation Strategy

Long term indicators & source

| Pediatric patients receive transportation to local dentist and restorative dental services | Taylorville school districts if parents are unable to transport the student. TMH Foundation also helped support cost. |

| Action plan to implement pediatric dental program is established (FY17) | Miles of Smiles agreed to make urgent dental referrals during annual screening period at Taylorville School District in spring of 2017. Five children ages 6 and 7 were referred to Central IL Smiles – all with dental urgent care needs. X-rays were performed and follow up care will be provided. Initial transportation was provided by the school district. Program will continue during Fall of 2018. |

Objective 2: Establish a Federally Qualified Health Center (FQHC) in Christian county in Partnership with Southern Illinois University School of Medicine.

<table>
<thead>
<tr>
<th>Target Population</th>
<th>Underserved and vulnerable residents of Christian County.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Goal</td>
<td>Secure approval for and open a Federally Qualified Health Center.</td>
</tr>
</tbody>
</table>

Strategy Selected:
According to County Health Rankings, Federally Qualified Health Centers (FQHCs) are public and private non-profit health care organizations that receive federal funding under Section 330 of the Public Health Service Act. Governed by a community board, FQHCs deliver comprehensive care to uninsured, underinsured and vulnerable patients regardless of ability to pay. FQHCs are located in high need communities in urban and rural areas and are often called Community Health Centers.

Programs/resources hospital will commit:
Taylorville Memorial Hospital will provide leadership and financial support towards the effort to establish a FQHC in Christian County.

Collaborative partners
Southern Illinois University School of Medicine

<table>
<thead>
<tr>
<th>Activity</th>
<th>Timeline</th>
<th>Anticipated Results</th>
<th>FY17 Final Outcomes</th>
</tr>
</thead>
</table>
1. Taylorville and SIU SOM will submit an application to Health Resources and Services administration Bureau of Primary Health Care

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
<th>Notes</th>
</tr>
</thead>
</table>
| 12/2016    | Taylorville and SIU SOM will be notified of the decision to establish a FQHC in Christian county | • SIU has delayed application for FQHC in Christian county due to concerns about repeal of the ACA.  
• Central Counties Health Clinic opened a FQHC in Taylorville in July 10, 2017. TMH collaborated with them to help educate the community regarding their services. |

2. Taylorville and SIU will secure a location, staffing, and all necessary steps to get the FQHC open and functioning.

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>9/2017</td>
<td>If approved, the FQHC will begin seeing patients by the end of 2017.</td>
<td>CCHC FQHC began operations in Taylorville in July 2017</td>
</tr>
</tbody>
</table>

**MEASURES: What will we measure to know the program is making a difference?**

**Short term indicator & source**
- Approval granted from HRSA
- Space/staff supplies identified.
- Patients being seen

**Long term indicators & source**
- Primary care provider and non-physician primary care provider rates would increase. Uninsured and vulnerable patients will have an established medical home
- To be determined.

**Objective 3: Continue to work with and support the Christian County Coalition in the goal of a community free of youth abuse of alcohol, tobacco and other drugs**

<table>
<thead>
<tr>
<th>Target Population</th>
<th>Youth of Christian county</th>
</tr>
</thead>
<tbody>
<tr>
<td>Goal</td>
<td>Work with public service programs that enrich the quality of life in our community</td>
</tr>
</tbody>
</table>
Strategy Selected: According to Illinois County Behavioral Risk factor Survey of 2014, Christian County has 29.9% adult smoking the highest in the state on Illinois. We hope to intervene at the teen level by partnering with Christian County Prevention Coalition. Christian County Prevention Coalition is a community organization that plans, promotes, implements and coordinates community efforts to prevent and reduce the use of alcohol, tobacco, and other drugs. Tobacco usage is the most frequently used drug at all levels and is seen as a gateway drug.

Programs/resources hospital will commit: Taylorville Memorial Hospital will support by providing meeting space, staffing and in-kind support for activities of the Prevention Coalition.

Collaborative partners: Christian County Coalition committee – Christian County Sheriff Office, Pana Police Department, Christian County Mental Health Department, Christian County Health Department

<table>
<thead>
<tr>
<th>Activity</th>
<th>Timeline</th>
<th>Anticipated results</th>
<th>FY17 Final Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Collaborate with Christian County Prevention Coalition best way to educate and reach youth.</td>
<td>09/2017</td>
<td>Education youth on risk/dangers of smoking, drugs and alcohol</td>
<td>December 1, 2016 Program – The Cop, the Convict and The Kid was held for several groups in Christian county. TMH provided financial support.</td>
</tr>
</tbody>
</table>

MEASURES: what will we measure to know the program is making a difference?

Short term indicators & source

|__________________________________________________________________________|__________________________________________________________________________|__________________________________________________________________________|
| Opportunities for collaborative initiatives to address are identified. | Number of people participating in Families Anonymous program | Action plan of ways to address issues is in place |
| Host community forum regarding substance abuse issues                  |                                                                        | In process. |

Long term indicators & source

|__________________________________________________________________________|__________________________________________________________________________|__________________________________________________________________________|
| September 2017 “End the Trend Rally” was attended by 125 community members | Promotion of Families Anonymous continues. | Narcan donations made to Christian County Sheriff, Taylorville PD and Stonington PD; at least two opioid overdose patients’ lives have been saved by local police using donated Narcan |

Strategy approved by TMH Board of Directors July 12, 2016